

# Meadowlark Notes

Meadowlark Hospice Newsletter

Issue 95 | Winter 2022



**MEADOWLARK  
HOSPICE**

## 5 Reasons for Hospice Now

1. Quality of Life
2. Symptom Management
3. Spiritual Care
4. Caregiver Relief
5. Grief Counseling

## Inside this Issue

Welcome New Team Members  
New Medical Director  
Volunteers Are Essential  
Happy Retirement

## Moments and Murmurations

by Dawn Phelps, RN/LMSW

It was a February morning, 2021, and I was driving to work. The pastures were dry and brown—my least favorite month of the year. Few cars were on the road. The sky was blue, and the sun was shining. Some high whimsical, white “horse-tail” clouds made a beautiful contrast with the blue sky.

On such a sunny day it was hard to believe that our area of Kansas was under a winter storm watch that would begin in the night and probably leave behind a few inches of snow. But I put that thought aside and decided to enjoy the moments as I drove to work.

I thought how blessed I was to still have a job. I thought about the local news the previous evening that featured a food giveaway at a parking lot. The announcer listed a variety of foods that had been given away, including bacon that was given away for the first time!

One lady had been very happy to get the bacon and stated, “It’s the first meat I’ve had in months.” Her remark brought tears to my eyes, and my husband Tom and I talked about how blessed we were to have more than enough food.

We reminisced about our younger years, and I told Tom that our gardens were crucial for our family’s survival in our large

family of seven kids. Like the lady in Topeka, as children, we had little meat, but we were never hungry, and we were blessed and healthy.

As I drove I listened to music of “the Masters” on the radio—Beethoven, Liszt, and Vivaldi—a mandolin concerto in C and beautiful violin music. Then something moving caught my eye high in the sky on the south side of the highway.

What a sight to see thousands of black birds flying in mass, majestically twisting, turning, swirling, and swooping in synchrony! Their aerial show was a bonus that morning as I drove to work.

As a child I remember seeing such flocks, and I was fascinated with how they seemed to know what they were supposed to do, thousands of birds flying inches apart, twisting and turning in synch.

I had recently heard the word murmuration that described what I was watching. The word refers to an enormous flock of birds, either on the ground or in the air. On the ground the birds seem to be murmuring in low, continuous utterances—probably where the word murmuration came from.

But grumbling sounds on the ground  
*Continued on page 2>>*



# MEADOWLARK HOSPICE

## Leadership Team

John Kelley, MD  
Medical Director

Danielle Rothfuss, APRN, ENP-C  
Nurse Practitioner

Amy Burr, BSN, RN  
Program Director

Audie Hartman, RN  
Patient Care Coordinator

KayLynn Mead, LMSW  
Director of Social Services & Bereavement

## Hospice Staff Nurses

Shelley Beikmann, LPN  
Deb Hedke, BSN, RN  
Margaret Kelley, BSN, RN  
Sharon Ramsey, RN  
Erin Shultz, BSN, RN  
Abby Sikes, BSN, RN  
Kim Sixbury, BSN, RN  
Sherry Wiese, RN

## Home Health Aide

Ashley Boyle, HHA  
Tracy Wallace, HHA

## Social Workers

Kathryn Benson, LBSW  
Stephanie Garrison, LBSW  
Jen Meier, LMSW

## Bereavement

Dawn Phelps, RN, LMSW  
Bereavement Writer

## Chaplains

Sr. Janet LeDuc  
Kathy Ouellette  
Al Paredes  
Marilyn Sweet

## Administrative Staff

Lilly Hitsman  
Administrative Assistant/Billing

Rhys Baker, LBSW  
Volunteer Coordinator

were a stark contrast to the joyous air performances I watched that day—they seemed to be celebrating!

Scientists have studied the flocks as they perform in the air. They have observed them, photographed, videotaped them, and are now using computers to try to figure out how the thousands of birds gracefully fly only inches apart without bumping into one another.

How do they know when to turn, to reverse their course, or fly up or down? Have they mastered the art of choreography or are they just flying for the fun of it?

I slowed my car as I watched the flock of birds disappear from my sight. Even after I could no longer see them, the memory of their dance remained. As I drove the last few miles to work, I thought back on other days in my past when I drove as a part of my job.

I still remembered the sense of awe that I felt on some of those days—when springtime was bursting out all over, when the sun was shining and the sky

was blue, when there were hints of color in the trees in the fall, when flocks of geese honked their way south, or when there was a glorious sunset!

But I rarely saw black birds putting on a show like that February morning—a morning that reminded me I was so blessed. I had nothing to murmur about! I was not hungry like many. I could hear the music of the masters. I had eyesight to see the beautiful blue sky and the birds' aerial performance. I had witnessed a murmuration, which seemed more like a celebration!

Even if a winter storm came that night, I knew life would go on. After all, storms and sunny days are both a part of life. Maybe my lesson was to look, listen, and enjoy every beautiful moment that presents itself.

I recently read a quote from Winnie the Pooh that says, "We didn't realize we were making memories, we just knew we were having fun." Enjoy every moment you are given. Someday those moments will become your special memories!

## Welcome New Team Members!

Rhys Baker, LBSW, has joined our team as Volunteer Coordinator. Rhys jumped in running to help with our annual Tree of Light ceremonies. Rhys is eager to work with our volunteers because of the great support a volunteer provided her family when they were on the hospice journey. She has been doing a great job keeping our Facebook page full of information. I encourage you to like our page and follow the tips and treasures she is posting. If you think you might be interested in being a volunteer for our team, please call the office and welcome Rhys and start the process!



Rhys Baker, LBSW

Margaret Kelley, BSN, RN, has joined our team of staff nurses. Margaret has only been with us a couple of weeks, but has quickly seen the team approach we take to providing excellent end of life care. We look forward to introducing Margaret to the rest of the great things hospice can do to support patients and families. We are thankful for two more great additions to our hospice team. Compassion for hospice makes a great team member and these two are exceptional!



Margaret Kelley, BSN, RN

# Introducing Our New Medical Director, John Kelley, MD

by Amy Burr, BSN, RN



Dr. John Kelley was recently named the new Meadowlark Hospice medical director. He takes over for Dr John Ryan, HMDC, who has served Meadowlark Hospice since August, 2013. This will be Dr. Kelley's second stint as hospice medical director. He previously served from 2001-2008. He will also continue to serve as the Chief Medical Officer at Clay County Medical Center.

Dr. Ryan will be retiring the end of December. He joined the hospice team with great passion for hospice care. In 2014, he was granted the Hospice Medical Director Certification credentialed by the Hospice Medical Director Certi-

fication Board. Professional certification affirms a knowledge and experience base for hospice practitioners to display commitment to their career, dedication to patient and family care, and the sustainability of the hospice organization and industry.

*"Dr. Ryan held true to the values of hospice and supported our team daily to be able to provide high quality care,"* said Amy Burr, Meadowlark Hospice Director. *"His service to Meadowlark Hospice is appreciated and we wish him all of the best in his retirement."*

In retirement, Dr. Ryan plans to travel the United States with his wife, Jill.

*"My years working with Meadowlark Hospice have been very rewarding and it is hard to leave such a great group of people,"* said Dr. Ryan. *"They work tirelessly with patients and their families to ensure comfort and peace during this phase of their life. Even with the changes that have happened in our health care system and with this recent pandemic, Meadowlark*

*has worked hard to give the best care that they can to their patients. It has been an honor to have been a part of this group. I wish them continued success and growth."*

Dr. Kelley is looking forward to the opportunity to serve patients through this position.

*"Meadowlark Hospice has an outstanding reputation for providing excellent, compassionate hospice care to our region,"* said Dr. Kelley. *"I look forward serving as their Medical Director and serving our communities with them!"*

Hospice is a unique type of medical care and the Medical Director serves an important role in providing end of life care. The responsibilities align around a primary focus to provide patients with the highest level of quality end-of-life care that ensures the patient's care wishes are honored with dignity.

*"Our organization has been privileged to have quality physicians to serve in this capacity,"* said Burr.

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## Volunteers Are Essential

by Rhys Baker, LBSW

Medicare Hospice regulations state, *"Volunteers must provide day-to-day administrative and/or direct patient care services in an amount that, at a minimum, equals 5 percent of the total patient care hours of all paid hospice employees and contract staff. The hospice must maintain records on the use of volunteers for patient care and administrative services, including the type of services and time worked."*

I know Federal regulations are famous for their jargon – so I will translate that into a couple of simpler sentences. Volunteers are essential to hospice. Volunteers are so essential, volunteers need to be involved in a minimum of 5% of the care provided by hospice.

Five percent may not sound like much, but when you consider that Meadowlark Hospice employees and contract staff contributed 591 hours this December, it makes you stop and think. That means that volunteers need to con-

tribute a MINIMUM of 30 hours in December or about an hour per day. Thirty hours sounds like almost too much time volunteering, but is it? Meadowlark Hospice had 20 dedicated volunteers contribute time in December, so that's approximately 1.5 hours a month per volunteer (I'm mathematically challenged if you are using a calculator for this part). Some volun-

teers contributed more, some contributed less, but that 5% is easily reached because we have a dedicated, stable, remarkable, volunteer group. I am grateful for every single volunteer.

In 2022 I would like to increase that percentage. How about 7%? Sounds like a steep goal, but I think it is one we can reach together. If we consider 591 hours per month at 7%, 20 volunteers would have to contribute 2 hours per month.

This goal is not steep – and easily attainable. Maybe volunteers should consider 10%?







Meadowlark Hospice gratefully acknowledges the hospice gifts and memorials.

### Hospice Gifts

Anonymous Donor  
Catholic Daughters/Evarista 1138  
Wilma Harrington  
Jesse & Jan Jackson  
Our Saviors Lutheran Church  
Sasnak Study Club

### Memorial Gifts

**Carol Claycamp**  
Darcy & Becky Claycamp

### Darlene Eib

Ron & Tammy Elsasser  
Don Martin  
Don & Twila Reed

### Bobby Goff

Jo Barclay  
Bobby Goff Memorial  
David & Linda Bogart  
Concordia Auto Mart, LLC  
Michael & Denice Fuller  
Michael & Annette Gallagher  
Lloyd Allen & Joycelyn Goff  
Samantha Goff  
Tina Goff  
Michael & Brandi Hake  
Jeffrey & Renda Hatesohl  
Brad & Vicki Jarchow  
Donna Johnson  
Lois Johnston  
Diane Nelson  
Pride Ag Resources  
Pamela Scofield  
Tibbetts Bros., Inc.  
Jim & Kathie Winter

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Phil & Joyce Graham  
Mike & Debbie Hagenmaier  
Steve & Debbie Hargrave  
Terry & Tammie Henry  
Mike & Cindy Johnson

Kevin Larson  
James & Lois Morrison  
Donald & Laura Musil  
Bill & Jan Neilson  
Donald Olsen & Charlotte Shoup Olsen  
Russell & Therese Peterson  
Noel & Joy Deane Pfizenmaier  
Rita Henry Memorial  
Monty & Patti Roblyer  
Harlan & Beverly Sump  
Sharon Sump  
James & Martha Turner

### Shirley Kern

Shirley Kern Memorial

### Josephine "Sandi" Kinser

Shawn & Renay Branfort  
Fellowship Christian Church  
Michael & Barbara George  
Billy Ray & Ginny Koster  
Danny & Kathryn McMillan  
Stephen & Jane Richard  
Sandi Kinser Memorial  
Jim & Rhonda Zenger

### James LaBarge

R Marshall & Arlene P. Colburn

### June Laha

Darren & Karen Adams  
Dewey & Carol Adams  
Julie Andrews  
Bevin & Susan Bebermeyer  
Ladd & Rita Braden  
Devin & Amy Burr  
Jeff & Shelley Cannizzo  
Alan & Myra Cole  
Mary Ann Fowles  
Dale & Deanna Hammond  
Tim & Lilly Hitsman  
Carolyn Jackson  
June Laha Memorial  
Janice Kiehl  
Deb Martin  
Kathryne Martin  
Nathan & Kay Lynn Mead  
Evelyn Mugler  
Rose Anne Reed  
James Robison  
Jean Robison  
Michael & Nichole Schwartz  
Neil & Barbara Shea  
Maynard & Mildred Sherbert  
Terry & Elizabeth Tyrrell  
Joseph & Jenny Vaughn  
Jerry & Diana Wickersham  
Ben & Janita Witty

### Georgia Largent

Charles & Elaine Bowers  
Georgia Largent Memorial  
Kristine Nelson

### Bessie Lilley

Phil & Carol Benfer

Bessie Lilley Memorial  
Robert & Frieda Knitter  
Randy & Regina Lilley  
W.J. & D.D. Longbine  
Charles & Robin Redger

### Robert "Bob" Molzahn

David & Retha Blecha  
Doug & Rae King  
Robert & Sharon Larson  
Joan Molzahn  
Tyler & Marian Nelson  
Joe Novak  
Tim Novak  
Robert Molzahn Memorial  
Brad Gaiser & Marla Sanchez

### Barbara Montoya

JoAnne Balthazor  
Kirby & Cindy Buer  
Concordia Lions Club  
Jeffrey & Shari Duncan  
Kelly George  
Patrick & Jolene Girard  
Hartman Farms, LLC  
Brad & Lee Lowell  
Susan Retter  
Thomas Tuggle  
Virginia Ransopher Trust

### Bonnie Mounts

Sarah (Sally) Griffiths  
Deb Moon  
Don & Twila Reed  
Kyle & Sherri Scheideman  
Donna Wichman

### Vivian Norris

Pauline M. Berner  
Darrell & Kay Denton  
Treva Steele

### Diana Walquist

AGI Hutchinson Mayrath  
Lee & Deanna Barleen  
Karen Bryan  
Christopher & Kathryn Cox  
Wayne & Kay Culley  
Diana Walquist Memorial  
Ed & Sharon Evans  
Jim & Mary Garbarino  
Deanna Laffery  
Vicky Mall  
Gary & Christine Matteson  
Carol Michaud  
Shirley Riek  
Reta Savener  
Brian & Kathy Scott  
Dianne Smith  
Clyde & Rita Wollenberg  
Steve & Carol Worley

### Mary Weber

Martin Weber

# Tree of Light Gifts

## Clay and Riley Counties

**Dewey Adams**  
Carol E. Adams  
Clyde & Rita Wollenberg

**Marilyn Affolter**  
Bill & Jackie Chestnut

**Harold Alexander**  
Arlyss Alexander

**Jack Blackwood**  
Randy & Cathy Hafner  
Clyde & Rita Wollenberg

**Diane Carlson**  
Clyde & Rita Wollenberg

**Maxine Cramer**  
Dale Cramer  
Jim & Phillene Cramer

**Johnny Crawshaw**  
Jane Crawshaw

**Opal Crouch**  
Carl Whitesell  
LaQuita Whitesell  
Steve & Heather Haley

**Thomas Cyre**  
Loretta Cyre

**James Dallen**  
Loretta Cyre

**Donald & Oneita Evans**  
Ken & Bev Shivers

**Armond & Arlene Frigon**  
Phil & Jean Frigon

**Nolene "Jane" Gennett**  
Judy Branfort  
Eldon & Candace Boling

**Maxine Greenlee**  
Lynn & Mary Greenlee

**Mel Griggs**  
Clyde & Rita Wollenberg

**Gary L. Habluetzel**  
Janet Habluetzel

**Wanda Hafner**  
Randy & Cathy Hafner

**Wayne Hafner**  
Randy & Cathy Hafner

**Rita Faye Henry**  
Bill Henry  
Dalton & Sarah Henry  
Larry Henry & families

**Helen Holston**  
Randy & Cathy Hafner

**Anthony & Marguerite Kieffer**  
Eleanor Kieffer

**Douglas A. Kieffer**  
Eleanor Keiffer

**Francis & Josephine Kieffer**  
Eleanor Kieffer

**Pat Kolterman**  
Jenne Barley

**June Laha**  
Deb Martin

**Robert Lohse**  
Clyde & Rita Wollenberg

**Lois Martin**  
Francine Martin

**Doug Martin**  
Randy & Cathy Hafner  
Deb Martin

**Gene Martin**  
Deb Martin

**J. Evan Neaderhiser**  
Myrna, Scott, &  
Neil Neaderhiser Families

**Anne Peter**  
Phil & Jean Frigon

**Walter Peter**  
Phil & Jean Frigon

**Rodney Ruthstrom**  
Lynn Ruthstrom & family

**Larry Savener**  
Joyce Savener

**Forrest & Gladys Shivers**  
Ken & Bev Shivers

**Charles Sorell**  
Eleanor Kieffer

**Everett F. Sorell**  
Eleanor Kieffer

**Francis & Dorothy Sorell**  
Eleanor Kieffer

**Carolyn Wallace**  
Clyde & Rita Wollenberg

**Chris Weidman**  
Randy & Cathy Hafner  
Deb Martin

**Jr. Weidman**  
Randy & Cathy Hafner  
Deb Martin

**Peg Weidman**  
Randy & Cathy Hafner  
Deb Martin

**Delmar L. Yarrow**  
Sharon Yarrow

**Lenore Yost**  
Randy & Cathy Hafner

**Jane Zacharias**  
Eldon & Candace Boling

## Cloud County

**Bobby Allen**  
Gwen Miller

**Peg Applebee**  
Kent & Sharon Applebee

**Sr. Therese Blecha**  
Sr. Marilyn Wall

**Gertrude I. Breault**  
John Paul Breault

**Gerald Campbell**  
Pam Campbell

**Adolph Charbonneau**  
Beth Charbonneau

**Opal Crouch**  
Steve & Heather Haley

**Gary Jeardoe**  
Gwen Miller

**Dennis Kearn**  
Charles & Denise Cyr

**Sr. Ramona Medina**  
Sr. Marilyn Wall

**Marion & Betty Miller**  
Gwen Miller  
Judi Miller

**Joan Morgan**  
Barbara Morgan Shunn

**Robert Nordquist**  
Pam Campbell

**Dorothy B. Swenson**  
Janice Swenson

**Dorothy Torgler**  
Gwen Miller

## Republic County

**Janice Brungardt**  
Brian Brungardt & family

**Fred Elyea**  
Audrey Elyea & family

**Orpha Fallis**  
John & Donna Fogo

**Joe Dean Hansen**  
Joyce Hansen

**Larry D. Johnson**  
Shirley Johnson

**Charles Klima**  
Roberta Klima

**Justin Klima**  
Roberta Klima

**Robert Molzahn**  
Emma Berggren

**Donna J. Shoemaker**  
Marvin A. Shoemaker

**James (Jim) Stehno**  
Melanie Stehno  
Rita Stehno

**Esther Thompson**  
Shirley Johnson

# Tree of Light Gifts

## Marshall County

**Marilyn Borgeding**  
Lora, Greg & family

**Harold A. Brozek**  
Jeorga Grote

**Gary (Wormy) Claeys**  
Dan & Fran Feldhausen  
Lora, Greg & family

**Betty Dowd**  
Lora, Greg & family

**Ed Dressman**  
Mary Ann Dressman

**Buena Ellenbecker**  
Janet Duever & family

**David Ellenbecker**  
Janet Duever & family

**Joe Ellenbecker**  
Janet Duever & family

**Pauline Emrick**  
Sylvia Wapp

**Betty Feldhausen**  
Dan & Fran Feldhausen

**George Feldhausen**  
Dan & Fran Feldhausen

**Mary Feldhausen**  
Lora, Greg & family

**Betty R. Ferris**  
Susan Arnold  
Lora, Greg & family

**Ruth Ann Gastmann**  
Lora, Greg & family

**Tillie Hass**  
Noreen Goss

**Jesse Hormann**  
Wilbur Hormann Family

**Cindy Ingersoll**  
Lora, Greg & family

**Connie Jacques**  
Lora, Greg & family

**Frank Jandera**  
Jake Jandera  
Matt Jandera  
Katie Wentland

**Connie Kabriel**  
Lora, Greg & family

**Joe Kennedy**  
Lora, Greg & family

**Bev Kite**  
Cheryl Gadreau

**Helen Kracht**  
Lora, Greg & family

**Andrew (Andy) Mayer**  
Lora, Greg & family

**Caroline (Louise) McDaniel**  
Lora, Greg & family  
Cheryl & Jr. Ray  
Kyle Ray  
Neil Ray

Sonya Stohs

**Betty Melcher**  
Lora, Greg & family

**Ferrell Ray Meritt**  
Nancy J. Meritt

**Jeanette Minge**  
Lora, Greg & family

**Carlene Moore**  
Lora, Greg & family

**Dean Wesley Nelson**  
Brenda Kane  
Marilyn Nelson

**Vivian Norris**  
Dudley Nelson

**Omia & Henry Owens**  
Lora, Greg & family

**Nancy Padden**  
Lora, Greg & family

**Doris Perez**  
Jake Perez & family

**Patsy Ratliff**  
Susan Bender

**Betty Reed**  
Lora, Greg & family

**Regis Rochel**  
Mary Jane Rochel

**Kenneth Sells**  
Doane Sells

**LeMoyne (Hank) Sisk**  
Betty Sisk  
Lora, Greg & family

**Carol Slupianek**  
Wilbur Hormann Family

**Richard Smith**  
Lora, Greg & family

**Kathryn Stallbaumer**  
Lora, Greg & family

**Rosemary Steuer**  
Ronald Steuer

**Edith Stoeger**  
Sylvia Wapp

**Margaret Stoehr**  
Lora, Greg & family

**Brian Stohs**  
Lora, Greg & family

**Delmar Tjaden**  
Lora, Greg & family

**Alberta Violand**  
Lora, Greg & family

**Joe M. Wapp**  
Sylvia Wapp

**Joe Werner**  
Lora, Greg & family

## Washington County

**Jerry Alldrege**  
The Metz Family

**Elaine E. Banahan**  
Dave Banahan  
Nyla J. Banahan Ring

**Jack Barley**  
Jenne Barley

**Mike Bruna**  
The Family of Mike Bruna

**Frances Brungardt**  
Kathryn J. Fritz

**Tyler Burt**  
Jan Taylor

**Kirk Crome**  
The Metz Family  
6 | Meadowlark Notes

**Margery Doebele**  
Blanche Graham

**Kenneth Fritz**  
Kathryn J. Fritz

**Kenneth Fritz, Jr.**  
Kathryn J. Fritz

**Evelyne Graham**  
Blanche Graham  
Graham Family

**Lawrence Graham**  
Blanche Graham  
Graham Family

**Michael Graham**  
Blanche Graham  
Graham Family

**Betty Herda**  
Jenne Barley  
Mrs. Tom Parry

**George Herda**  
Blanche Graham

**Linda Holliman**  
Idana Perkins

**Marie Hoover**  
Jeff & Rigs Brabec

**Jim Juenemann**  
The Metz Family

**Lonnie Leidig**  
Peggy Leidig & family

**Danny Little**  
Idana Perkins

**Donna McVean**  
Jeff & Rigs Brabec

**James McVean**  
Jeff & Rigs Brabec

**John Nelson**  
Linda Nelson

**Frank R. Nutsch**  
Nyla & Clyde Poser

**Shirley E. Nutsch**  
Nyla & Clyde Poser

**L. M. Pacey**  
Mary Alice Pacey

**Thomas L. Parry D.D.S.**  
Mrs. Tom Parry

**Paul Pavlu**  
Dan Seeberger

**Dean Perkins**  
Idana Perkins

**Bob Ross**  
Jenne Barley

**Sharon Seeberger**  
Dan Seeberger

**Barrie Sloan**  
Idana Perkins

**Casey Smith**  
The Metz Family

**Dean Taylor**  
The Metz Family

**Jim Taylor**  
The Metz Family

**Terry N. Taylor**  
Jan Taylor

**\*IN-SERVICES & BEREAVEMENT GROUPS ARE SUBJECT TO CANCELLATION IF COVID-19 RESTRICTIONS ARE IMPOSED. PLEASE CALL 785-632-2225 IF YOU HAVE ANY QUESTIONS OR CHECK OUR FACEBOOK PAGE.**

## Volunteer In-Service

### Clay Center

Clay County volunteers meet in Clay Center on the 3rd Monday of the month at 11:00 AM @ Meadowlark Hospice office.

### Concordia

Cloud County volunteers meet in Concordia on the 2nd Monday of the month at 1:00 PM @ Sr. Susan's home.

### Washington

Washington County volunteers meet on the 3rd Tuesday of the month at 9:30 AM @ Washington County Courthouse basement.

### Belleville

Republic County volunteers meet in Belleville on the 2nd Monday of the month at 3:00 PM @ the Belleville United Methodist Church.

### Marysville

Marysville volunteers meet on the 3rd Tuesday of the month at 12:00 pm @ First United Methodist Church Marysville.

### Frankfort

Frankfort volunteers meet on the 3rd Tuesday of the month at 2:00 PM @ Frankfort Presbyterian Church.

## Bereavement Groups

Meadowlark Hospice offers four monthly community bereavement groups for anyone who has recently experienced a loss. During the groups we focus on living with loss, the grief process, and topics that many may be facing after losing someone they love. Previous participants have commented that the group helped them feel normal—giving them hope that better days were ahead. One person stated that it was easier to share her experience since everyone in the group had a similar loss. There is no charge to attend these groups which are open to anyone in the community.

### Clay Center

The Living Life after Loss group meets the 2nd Tuesday evening of each month at the Meadowlark Hospice meeting room, 709 Liberty, just east of the hospital, from 4:30-5:30 p.m.

This group is led by KayLynn Mead, social worker

### Washington

This is a newly formed group that meets the 2nd Tuesday of each month from 12:00-1:00 p.m.

KayLynn Mead, social worker, leads this group. (Call our office for specific location)

### Belleville

This group generally meets the 3rd Thursday of each month at the Bel Villa Family Dining, 213 US-36. Once a quarter the group eats out together.

The group is led by Stephanie Garrison, social worker. (Call our office for specific times)

### Marysville

This group usually meets the 4th Thursday evening of each month from 4:00-5:00 p.m. at Community Memorial Healthcare, in the South Plaza, Marysville.

The group is led by Jennifer Meier, social worker.

We hope you will join us for the group sessions, as group members together learn to live life after loss. If you know of someone else who would benefit from this group, please feel free to bring them along. Group dates and time are subject to change to meet the group needs for the month. Please call our office at 785-632-2225 if you have any questions.

### Community-Sponsored Bereavement Groups

#### Concordia

The bereavement support group meets the 2nd Monday of the month at the Episcopal Parish Hall, 117 W 8th at 6:30 p.m. Contact: Judy Lambert 785-243-4454.

#### Leonardville

The bereavement support group is currently on hold. Contact: Sandy Ferguson 785-706-1595 if you wish to be notified when group resumes.

*\*Please call the contact numbers for questions or cancellations.*



Phone: 785-632-2225  
Fax: 785-632-3557  
Email: [mhospice@ccmcks.org](mailto:mhospice@ccmcks.org)  
Web: [meadowlarkhospice.org](http://meadowlarkhospice.org)

We are available to present programs to area organizations!



**Joann Lips, RN, has taken the road to retirement from hospice.** Joann spent fifteen years on the hospice team and kept the stories alive! She did a tremendous job of making families feel comfortable at end of life. We are thankful for her years of service and wish her well in her retired life adventure!

## Mission

Our mission is to provide loving, compassionate care for those living with a life limiting illness.

## Serving

Clay, Cloud, Marshall, Republic, Western Riley, and Washington Counties.

### Meadowlark Notes



709 LIBERTY ST  
CLAY CENTER, KS 67432

ADDRESS SERVICE REQUESTED

NON-PROFIT  
ORGANIZATION  
US POSTAGE  
**PAID**  
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PERMIT NO. 410